





JUNE 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
To Contact a Breastfeeding Peer Counselor near you: Counselor: (443) 262-4423, press 1 for the BFPC line Danya Benton RN, IBCLC: (410)-758-0720 Ext: 4510 (BFPC Coordinator) Upper Shore WIC Program: Q.A.'s (443)262-4423 Kent (410) 810-0125		Services:- Peer Counselor program - peer counselors are moms just like you that have been on WIC and breastfed, they offer BF support on an individual basis - please call: 443-262-4423 and press 1 for the BFPC line.- International Board Certified Lactation Consultant / Registered Nurse – Available to answer medical and breastfeeding questions – please call: (410)-758-0720 Ext: 4510 La Leche League (LLL)-Please refer to website for more information: http://www.lllofmd-de-dc.org/		1	2 Anne Arundel Medical Center -7pm – Back to work and Breastfeeding Support Group -(443)481-6122 -FREE	3
4	5	6 UM Shore Regional Health - Easton 10-11:30- Breastfeeding support group -410-822-1000 ext:5231 -FREE	7 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40 Union Hospital – Elkton -10-11:30am – Lactation Club -(443)245-7305 -FREE	8 Anne Arundel Medical Center -9am – Breastfeeding support group -(443)481-6122 -FREE	9	10
11	12	13	14 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40 Union Hospital – Elkton -10-11:30am – Lactation Club -(443)245-7305 -FREE	15	16	17
18	19	20 UM Shore Regional Health - Easton 10-11:30- Breastfeeding support group -410-822-1000 ext:5231 -FREE YMCA - Easton -4- 6pm - Breastfeeding Support Group -443- 949-5180 -FREE	21 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40 Union Hospital – Elkton -10-11:30am – Lactation Club -(443)245-7305 -FREE	22 Anne Arundel Medical Center -9am – Breastfeeding support group -(443)481-6122 -FREE	23	24

25	26	27	28 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40 Union Hospital – Elkton -10-11:30am – Lactation Club -(443)245-7305 -FREE	29	30	
	<h1>JULY 2017</h1>					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
To Contact a Breastfeeding Peer Counselor near you: Counselor: (443) 262-4423, press 1 for the BFPC line Danya Benton RN, IBCLC: (410)-758-0720 ext: 4510 (BFPC Coordinator) Upper Shore WIC Program: Q.A.'s (443)262-4423 Kent (410) 810-0125		Services:- Peer Counselor program - peer counselors are moms just like you that have been on WIC and breastfed, they offer BF support on an individual basis - please call: 443-262-4423 and press 1 for the BFPC line.- International Board Certified Lactation Consultant / Registered Nurse – Available to answer medical and breastfeeding questions – please call: (410)-758-0720 ext: 4510		La Leche League (LLL)-Please refer to website for more information: http://www.lllofmd-de-dc.org/		1
2	3	4	5 Union Hospital – Elkton -10-11:30am – Lactation Club -(443)245-7305 -FREE	6	7 Anne Arundel Medical Center -7pm – Back to work and Breastfeeding Support Group -(443)481-6122 -FREE	8
9	10	11 UM Shore Regional Health -	12 Union Hospital – Elkton	13 Anne Arundel Medical	14	15

		Easton 10-11:30- Breastfeeding support group -410-822-1000 ext:5231 -FREE	-10-11:30am – Lactation Club -(443)245-7305 -FREE	Center -9am – Breastfeeding support group -(443)481-6122 -FREE		
16	17	18 YMCA - Easton -4- 6pm - Breastfeeding Support Group -443- 949-5180 -FREE	19 Union Hospital – Elkton -10-11:30am – Lactation Club -(443)245-7305 -FREE	20 Union Hospital – Elkton -6:30-9pm – Breastfeeding Basics -(443)245-7305 -FREE (if enrolled in birthing class)	21	22 UM Shore Regional Health - Easton -9am -12 -Breastfeeding class -410-822-1000 ext:5231 -FREE
23/30	24/31	25 UM Shore Regional Health - Easton 10-11:30- Breastfeeding support group -410-822-1000 ext:5231 -FREE	26 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40 Union Hospital – Elkton -10-11:30am – Lactation Club -(443)245-7305 -FREE	27 Anne Arundel Medical Center -9am – Breastfeeding support group -(443)481-6122 -FREE	28	29
	<h1>AUGUST 2017</h1>					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
To Contact a Breastfeeding Peer Counselor near		La Leche League (LLL)-Please	Services:- Peer Counselor program - peer counselors are moms just like you that have been on			

YOU: Counselor: (443) 262-4423, press 1 for the BFPC line Danya Benton RN, IBCLC: (410)-758-0720 ext: 4510 (BFPC Coordinator) Upper Shore WIC Program: Q.A.'s (443)262-4423 Kent (410) 810-0125		refer to website for more information: http://www.llofmd-de-dc.org/	WIC and breastfed, they offer BF support on an individual basis - please call: 443-262-4423 and press 1 for the BFPC line.- International Board Certified Lactation Consultant / Registered Nurse – Available to answer medical and breastfeeding questions – please call: (410)-758-0720 ext: 4510			
		1 UM Shore Regional Health - Easton 10-11:30- Breastfeeding support group -410-822-1000 ext:5231 -FREE	2 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40 Union Hospital – Elkton -10-11:30am – Lactation Club -(443)245-7305 -FREE	3	4 Anne Arundel Medical Center -7pm – Back to work and Breastfeeding Support Group -(443)481-6122 -FREE	5
6	7	8	9 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40 Union Hospital – Elkton -10-11:30am – Lactation Club -(443)245-7305 -FREE	10 Anne Arundel Medical Center -9am – Breastfeeding support group -(443)481-6122 -FREE	11	12
13	14	15 UM Shore Regional Health - Easton 10-11:30- Breastfeeding support group -410-822-1000 ext:5231 -FREE YMCA - Easton -4- 6pm - Breastfeeding Support Group -443- 949-5180 -FREE	16 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40 Union Hospital – Elkton -10-11:30am – Lactation Club -(443)245-7305 -FREE	17	18	19
20	21	22	23 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40 Union Hospital – Elkton -10-11:30am – Lactation Club -(443)245-7305 -FREE	24 Anne Arundel Medical Center -9am – Breastfeeding support group -(443)481-6122 -FREE	25	26

27	28	29	30 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40 Union Hospital – Elkton -10-11:30am – Lactation Club -(443)245-7305 -FREE	31
----	----	----	--	----